

"More than ever, it seems we are looking for hope. We look for hope in our families, at our workplace and in the eyes of the people all around us. As soon as I started reading The Reluctant Donor, I knew I had found a special book that would restore faith in my belief about the goodness of everyday people. This book is a 60-year-long epic journey of triumphs and tragedies of a beautiful and inspiring family. Even more than that, though, it is a story of unbridled love one sister had for another, and how that love was tested. If you want to be inspired, simply turn the page."

SANJAY GUPTA, MD

CNN CHIEF MEDICAL CORRESPONDENT
AUTHOR OF THE NEW YORK TIMES BESTSELLER CHASING LIFE
AND CHEATING DEATH

The Reluctant Donor

BY SUZANNE F. RUFF

A HEREDITARY DISEASE HAS DEVASTATED SUZANNE'S FAMILY FOR GENERATIONS.

The only sibling with healthy kidneys, Suzanne is ambivalent about donating a kidney to a sister she's not even sure she likes—but she makes the offer. Eight family members, including her mother, have died from the disease. Now her sisters have PKD and each need kidney transplants. *The Reluctant Donor* exposes Suzanne's doubts, raw fear, and strong Irish Catholic family history. Her terror at the prospect of surgery is offset by her wonder at the small miracles that surround her. Inspired by her faith and the courage of those who came before her, Suzanne Ruff navigates uncertainty with humor and honesty.



Both of Suzanne's sisters have polycystic kidney disease (PKD).



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